

Logbook task

This time at the Science Museum's Medical Exhibition Hall, I focused on four exhibits: anatomical sections of the human body, a model of Chinese acupuncture points, an early operating table, and a model showing the structure of the muscles under the bones. These exhibits left a deep impression on me, not only because they were stunning in their own right, but also because of the evolution of medicine and the process of human understanding of the body expressed behind them.

The human anatomy section exhibit was processed from real specimens, with layers of muscles, organs and bones clearly visible. When I stood in front of it, I felt as if I was in a silent but respectful anatomy class. It not only made me more aware of the rigour needed behind learning medicine, but also made me think about the complexity and fragility of human beings as a living organism.



The TCM acupuncture point model, on the other hand, demonstrated the arrangement of meridians

and acupuncture points, in contrast to Western anatomy. It used a sculptural model of the human body, labelled with common acupoints, such as the foot Sanli and Hegu. Although it did not look as intuitive as an anatomical section, it reminded me of the 'qi' and 'toning' of Chinese medicine, reminding us that there is another empirical and holistic perspective to medicine, and it also gave me a deeper interest in traditional Chinese culture.



The operating table section displayed instruments and operating tables from the underdeveloped period of medicine, which looked very primitive, and some of them were even a bit 'scary' to the senses. It reminded me of the difficult and claustrophobic environment of early surgery.

Finally, the models of the evolution of the bones and muscles were also very vivid. It was not a flat diagram, but a three-dimensional structure, with each muscle fitted to the bone, clearly showing how they are connected to each other. This model gave me a more concrete understanding of each muscle group and a more intuitive understanding of the concept that the

human body is a whole made up of parts.

The layout of the gallery is very open, with the right mix of lighting and exhibits, and there is a floor of interactive games that are fun to play. I tried a medicine preparation game and experienced the joy of being a doctor. Many of the visitors were students, as well as parents who brought their children. Everyone was able to find a section that interested them.

The visit made me realise that medicine is not abstract knowledge, but something closely related to the real human body, culture and history, and reinforced my interest in continuing to study and explore the subject.